

# HEART VIRTUAL VOCATIONAL SKILLS TRAINING PROGRAM

FREE ONLINE CLASSES: AUG 3-SEPT 24, 2020

The H.E.A.R.T. Program is offering a free Virtual Vocational Skills Training Program

## ***Here is what we are looking for in participants:***

- Must be at least 18 years old
- Must have an Intellectual/Developmental Disability (diagnosis required)
- Must have access to the internet and a device to participate in daily zoom trainings
- And must live within the City Limits of Houston

**To apply or for more information, contact Sheree Simmons-Gould:**

[ssimmonsgould@heartprogram.org](mailto:ssimmonsgould@heartprogram.org) or (832) 577-5068  
or visit: [www.heartprogram.org/programs/virtual](http://www.heartprogram.org/programs/virtual)

***Application Deadline: July 24, 2020***

## **Here are some examples of what you can experience through HEART's Virtual Vocational Skills Training Program:**

The eight essential employability skills; communication, including the different types of communication and how and when to use them; teams and teambuilding; how to develop your leadership potential; basic money management; and how to use the skills you have learned during your daily life activities.

### Class Schedule

#### **Monday-Thursday with two Class Options**

Monday & Wednesday: 1:30pm-2:30pm

Tuesday & Thursday: 1:30pm-2:30pm



707 Lehman St.  
Houston TX 77018

